

WACO GASTROENTEROLOGY ASSOCIATES

PREPARATION FOR AN EGD (esophagogastroduodenoscopy)

Dr. Hari Ancha - Dr. James Boss – Dr. Ed Carpenter – Dr. Ed Contreras
Dr. Tom Eastwood – Dr. Bryan Hanyak - Dr. Phillip Reeder

Patient Name: _____ DOB: _____

ONE WEEK BEFORE YOUR PROCEDURE:

- ***DO NOT stop taking ANY medication without instructions from your doctor.***
 - If you take aspirin, ibuprofen, vitamins, herbal supplements, blood thinners (such as Coumadin, Plavix, Aggrenox), or any arthritis medications check with your doctor for instructions about taking these medications.
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THE DAY BEFORE YOUR PROCEDURE:

There are no special instructions for you to follow on this day.

DO NOT HAVE ANYTHING TO EAT AFTER MIDNIGHT THE NIGHT BEFORE YOUR PROCEDURE

THE DAY OF YOUR PROCEDURE:

- You may have clear liquids only until 4 hours prior to your procedure (broth, juice, coffee or tea)
- NO products that are red or purple. No dairy products or creamer.
- If you normally take heart, blood pressure, breathing or seizure medications in the morning, you may take those medications with a minimal amount of water. Do not take any other medications.

**YOU WILL BE SEDATED FOR THIS PROCEDURE AND MUST HAVE SOMEONE TO DRIVE YOU HOME
AND REMAIN WITH YOU FOR 8 HOURS. YOUR DRIVER MUST STAY IN THE BUILDING UNTIL DISCHARGE.**

Report to: ___ Waco Gastroenterology Endoscopy Center-364 Richland W Circle, Suite B
___ Hillcrest Baptist Medical Center-50 Hillcrest Medical Blvd, Medical Office Building 1, Suite 101
___ Providence Health Center-6901 Medical Parkway, outpatient admitting office

Date: _____ Check-In Time: _____

Note: Your check-in time allows for necessary preparations before your procedure begins. You do not need to arrive earlier.

If you have any questions you may contact us at (254) 537-0911.

*Should you need to cancel or reschedule your appointment for any reason,
please give 48 hours notice to avoid a \$50 cancellation fee.*

Office Use: Prep given by: _____ Date: _____

Revised 05-18-2010

TEACHING PAMPHLET FOR ESOPHAGOGASTRODUODENOSCOPY (EGD)

What is an EGD? EGD stands for esophago-gastro-duodenoscopy. This procedure allows the doctor to look directly at the lining of the esophagus (food tube), stomach, and the first part of your small intestine called the duodenum.

Why do I need the test? An EGD gives your physician specific information that X-rays and other tests do not provide. This test can help your doctor diagnose your problem.

Who performs this test? Your physician performs this test.

How is it done? During an EGD, a flexible tube connected to a light source, called a flexible endoscope, is inserted into the side of the mouth and advanced into your duodenum. As it is slowly withdrawn, the physician will carefully look at the lining of your duodenum, stomach, and esophagus.

Is it uncomfortable? You will be given a sedative prior to the exam. A local anesthetic is sprayed into your throat before the tube is inserted into your mouth. This will numb your gag reflex. Once the tube is in the back of your throat the doctor will ask you to swallow. This helps to guide the tube into the esophagus. You may feel this tube in the back of your throat. You will be able to swallow and breathe comfortably throughout the test.

How long does the test take? The exam itself takes 10-15 minutes. However, you may be in the procedure room approximately 30 minutes including the time it takes to prepare you for the exam. After the procedure, you will be kept in recovery for approximately 30-45 minutes.

Are medications given? Yes. Your doctor will give you a sedative prior to the exam to help keep you comfortable.

Do I have to do anything before the test? Yes. You may need to discontinue certain medications.

When can I eat? You can eat one hour after the test, unless otherwise specified by your physician. The effects of the local anesthetic in the back of your throat usually take about 30 minutes after your procedure to wear off. You will be given fluids as soon as you are awake enough to drink them.

When will I get the results? After your test, the doctor may briefly discuss the initial findings of the exam with you or your family. It takes approximately one full week to get your complete results. You may call our office if you do not hear from us with your results.

**If you have any questions about your test or instructions, please call our office at
(254) 537-0911.**