

## Diabetic Prep Instructions

- **If you have an insulin pump please contact your endocrinologist for instructions for the day of your prep!**
- Check your blood glucose if at any time you have symptoms of **low blood sugar** (hunger, shakiness, nervousness, sweating, dizziness, sleepiness, confusion, difficulty speaking, anxiety, weakness) or very high blood sugar (dry mouth, thirst, frequent urination, blurry vision, fatigue, drowsiness, weight loss, increased appetite).
- Please call **your doctor's office** for any prep related questions.

### The day before the procedure (you will be on a clear liquid diet):

If you take:	Morning	Lunch/Dinner	Bedtime
Oral medications (pills) or Byetta	<b>Do not take</b>	<b>Do not take</b>	<b>Do not take</b>
Lantus, Levemir or NPH insulin	Take your usual dose	<b>Do not take</b>	Take ½ the usual dose
Humalog, Novolog, Apidra or Regular insulin	Take ½ the usual dose	Take ½ the usual dose	<b>Do not take</b>
75/25 or 70/30 insulin	Take ½ the usual dose	Take ½ the usual dose	<b>Do not take</b>

### The Day of procedure:

If you take:	Morning
Oral medications (pills) or Byetta	<b>Do not take</b>
Lantus, Levemir or NPH insulin	<b>Do not take</b>
Humalog, Novolog, Apidra or Regular insulin	<b>Do not take</b>
75/25 or 70/30 insulin	<b>Do not take</b>

- **You will be advised when to continue diabetic medication(s) from the facility.**